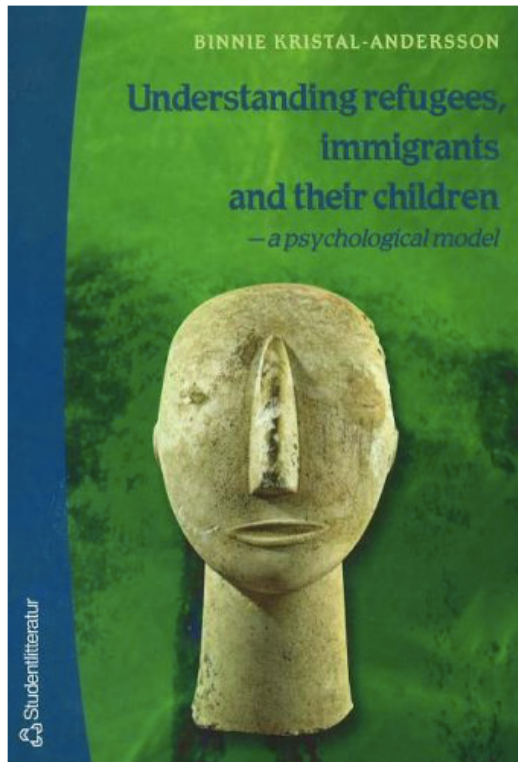


Understanding refugees, immigrants and their children – a psychosocial model (2001)

By Binnie Kristal-Andersson



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Description

Understanding refugees, immigrants and their children a psychological model has been developed from Binnie Kristal-Anderssons lengthy experience of therapeutic and support work with both voluntary emigrants and people forced to flee their homeland due to oppression, persecution and torture, upheaval and war. The book is based on Kristal-Andersson's doctoral dissertation. It describes a specific psychological model, how the framework this entails can be utilised in therapy and support work with the individual (adult, adolescent, child), family and group, and a year-long training program based upon the framework. Kristal-Andersson constructed the framework to examine how changes in the outer situation of the refugee/immigrant can cause inner psychological changes. On the basis of commonly occurring psychological difficulties reported to her during twenty-five years of clinical research, she illuminates many aspects of the psychology of the refugee and immigrant. Understanding refugees, immigrants and their children a psychological model is a book aimed at anyone working with or meeting members of these groups, with special attention being paid to the traumatised/tortured refugee. The book also provides a foundation for training courses directed not only at psychotherapists and psychologists, social workers and medical professionals, but also at teachers, lawyers and others wishing to increase their understanding in this specific arena.

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